

DENTAL NEWS AND VIEWS

Facts about our mouth:

As you age, your teeth and gums go through inevitable and noticeable changes. With gradual bone loss over time, the foundation supporting your teeth can lose its youthful contour. Over the years, your teeth may shift and create open spaces- or crowd together. Decades- old bridges may be ready for restoration or replacement. With time, your teeth can wear down, fracture or become discolored. Decay may have developed under old, dark silver amalgam fillings or crowns. You may have gum disease that has led to chronic bad breath or receding gums. There are several ways your smile can lose its sparkle! The exciting news is that we can often reverse the signs of aging teeth and gums!

Look 10years younger without a Facelift:

Cosmetic contouring, porcelain veneers, whitening, metal free fillings, implants can give you your youthful, healthy and natural appearance. Why not have a smile that matches your energetic personality! We live during a time where attractive is synonymous with looking young. A recent independent study showed that 99.7% of all Americans believe an attractive and youthful smile is an important social asset. Nearly 75% of adults feel an unattractive and unhealthy smile can hurt a person's chance for career success!

Flossing from way back when...

History suggests that dental floss was an ancient invention. Researchers have found dental floss grooves in the teeth of prehistoric humans. Levi Spear Parmly, a New Orleans dentist, invented dental floss using silk thread in 1815. In 1882, unwaxed silk floss was mass produced for home use. Then in 1898, the Johnson and Johnson company was the first to patent dental floss. Dentist Charles C. Bass developed nylon floss as a replacement for silk floss during WWII. Dr. Bass is credited with having introduced flossing into modern dental hygiene. Floss daily!!

Tips for smart "Back-to-School" smile!

Without a dental exam, you could be sending your child off to school with an infectious disease! Wise parents always include dental exams on their family's back to school to do list!!

Many parents don't realize that serious tooth decay is a disease caused by an infection. Think of advanced decay as an infectious disease for which there is no immunization! Anytime your child's mouth isn't clean, it becomes a potential site for dental disease. Is your child brushing and flossing daily? What about semi-annual check- ups? Tooth decay affects more than one-fourth of U.S. children ages 2 to 5... and half those aged 12-15. It's estimated that 50% of adolescents have gum disease. That's why the ADA (American Dental Association) urges parents to make dental exams a regular part of their children's back-to-school routine!